





Monday	Tuesday	Wednesday	Thursday	Friday
2 Meatloaf w/Gravy Wheat Bread Wild Rice Sliced Carrots Cinnamon Apples	3 Navy Bean Soup Tuna Salad Sandwich Lettuce & Tomato Wheat Bread Potato Salad Applesauce	4 Swedish Meatballs Parslied Noodles Peas & Carrots Wheat Bread Apricots	5 Taco Meat Black Beans Lettuce & Tomato Salsa Sour Cream/Cheese Tortilla Chips Mexican Rice Pineapple Tidbits	6 Beef Hot Dog on a Roll Midwest Baked Beans Applesauce
9 Turkey & Swiss on Rye Lettuce & Tomato Potato Salad Tomato Soup Diced Pears	10 Meatloaf with Gravy Mashed Potatoes Baby Carrots w/dill Diced Peaches Whole Wheat Roll	11 CLOSED 	12 Meatball & Mozzarella Cheese Sub on Club Roll Broccoli Slaw Cinnamon Apples	13 Baked Potato Tossed Salad Chili con Carne Shredded Cheese Applesauce Sour Cream/Ranch Dressing
16 Hearty Beef Stew w/Veggies & Potatoes Wheat Bread Cinnamon Apples	17 Roast Pork Loin w/gravy Sauerkraut Sliced Potatoes Whole Wheat Roll Fruit Cocktail	18 Roast Beef on Kaiser Roll Potato Salad Cole Slaw Fruit Cocktail Onion/Lettuce/Tomato	19 Sliced Pot Roast Vegetable Gravy Cucumber Tomato Salad Dinner Roll	20 Ham, Green Beans & Potatoes Wheat Bread Pineapple Tidbits
23 Cheddar Cheeseburger On Hamburger Roll Baked Beans Cole Slaw Apricot Halves	24 Fruit Cocktail Turkey Breast w/Gravy Bread Stuffing Green Beans Cranberry Sauce Pumpkin Pie w/Topping	25 Multi Bean & Beef Chili Shredded Cheddar Cheese Corn Muffin Cinnamon Apples Cole Slaw	26 CLOSED 	27 CLOSED 
30 Diced Chicken Caesar Salad w/Romaine Lettuce Croutons/Parm. Cheese Caesar Dressing Diced Peaches Dinner Roll	<div>  <h1>NOVEMBER 2015</h1> <p>Please call the senior center coordinator or meal manager 48 hours in advance to reserve a meal</p> </div>			

~Menus subject to change~

~Milk and Juice are served with every meal~